



# Up On Top

## Helping kids reach for the stars!

### What is Up On Top?

Up On Top is a community-based organization that has provided quality, academic infused after school and summer programs for hundreds of K-5 children and their families. Up On Top offers tuition-free programs at two locations in the Tenderloin and Western Addition neighborhoods in San Francisco.

### What is Up On Top's mission?

Up On Top offers hope, stability, and fun, to children of low income families in San Francisco, preparing them to be successful in school and in life.

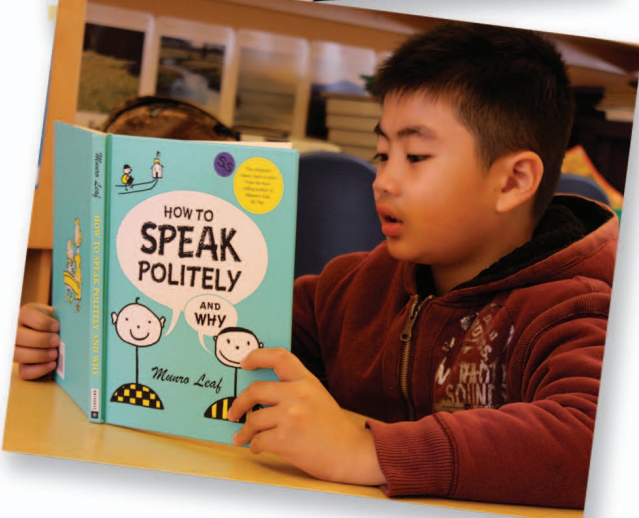
Up On Top programs offer low student-to-teacher ratios, academic support, and instruction in areas like social skills, art and music. We are also proud to emphasize our healthy nutrition options as well as sports and recreational play in our quality, balanced programs.

### Why is an after school program important to children, their families, and employers?

**For children,** Up On Top creates a nurturing environment that prepares them for academic and social success, offering a well-rounded curriculum comprised of homework support, tutoring, enrichment, and language arts. Children who attend after school programs also develop better interpersonal skills and work habits, spending less time engaging in unhealthy behavior.

**For families,** access to quality after school programs assures them that their children are safe, well cared for, and engaged in positive activities, while they are at work. Up On Top also provides family literacy, resource events and monthly workshops that encourages the families to be involved in their children's education.

**For employers,** the availability of after school care directly affects many of their employees. Making affordable after school and summer programs available helps families secure and maintain employment.



## Why is a summer program important to children?

Without access to quality summer programs, underserved children often lose one-third of what they have learned in the previous school year. By high school, low-income children are often two to three years behind those from middle and upper-income families.

## Where do these children live, and how are they selected for the tuition-free program?

The children at Up On Top live primarily in the Tenderloin and Western Addition neighborhoods. 93% qualify for the free lunch program through the San Francisco Unified School District. Most students come to Up On Top through recommendations from their school day teachers, who refer low-performing, high-need children and their families to Up On Top.

## What's a typical day at Up On Top?

**After school:** Our after school program goal is to create a balance of fun and learning allowing room for creative expression and new experiences.

Active time outdoor	2:40 - 3:10 pm
Nutritious snack	3:10 - 3:20 pm
Brainpower Hour	3:30 - 4:30 pm
Enrichment activities	4:30 - 5:30 pm
Sports/organized play	5:30 - 6:00 pm

**Summer program:** The summer program schedule is structured like a "summer camp." Field trips such as sailing on the bay, swimming lessons and picnics at the beach are scheduled every afternoon. In the mornings the children focus on becoming joyful readers and writers and improving their math skills.

Breakfast/organized play	8:30 - 9:30 am
Community Circle	9:30 - 9:45 am
Academic classes	9:45 - 11:45 am
Lunch	11:45 - 12:30 pm
Field trips	12:30 - 4:00 pm
Snack/organized play	4:00 - 4:30 pm
Enrichment activities	4:30 - 5:30 pm



## What was the spark that started the Up On Top programs?

Up On Top was founded as a way to address the crisis in affordable after school and summer programs. The initial idea emerged in 1998 in response to the shifts in federal welfare, which moved families into working situations without providing childcare. Concerned members of the Unitarian Universalist Church of San Francisco formed a task force and established Up On Top in 2001.

## How is Up On Top funded?

Up On Top is funded by a combination of public, private, and individual sources. As a 501(c)(3) nonprofit organization all contributions are tax deductible. Our Federal Tax I.D. number is 35-2198146.

## How can you help Up On Top?

- ★ Provide financial assistance.
- ★ Host an event to raise funds.
- ★ Match funds donated by your employees.
- ★ Become a volunteer—help a child with their homework or assist with a field trip, special event, or party.



## For more information, please contact:

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To register as a student after-school or summer program volunteer or intern.